



Satomi Kai

Aikido

GRADING SYLLABUS
5th Kyu (Yellow)
to
2nd Kyu (Blue)

www.satomikai.co.uk
or email: aikido@precepts.co.uk

5TH KYU

Candidate: _____

BASICS

	Poor	Satisfactory	Good	Excellent
Mai Ukemi				
Ushiro Ukemi				
Tai Sabaki				
Tai No Henko				
Tori Fune				
Shikko				
Kokyu Ho				
Count to ten in Japanese				

TACHI WAZA

Attack	Defence	Poor	Satisfactory	Good	Excellent
Ai Katata Dori:	Ikkyo				
Ai Katata Dori:	Nikkyo				
Ai Katata Dori:	Kote Gaeshi				
Ai Katata Dori:	Irimi Nage				
Ai Katata Dori:	Shiho Nage				
Ai Katata Dori:	Sokomen				

BOKKEN

No 1 Ken Suburi				
No 2 Ken Suburi				

JO

31 Count Kata - 1 to 5				
------------------------	--	--	--	--

RANDORI

Ai Katate Dori	Any Defence			
----------------	-------------	--	--	--

4TH KYU

Candidate: _____

TACHI WAZA

Attack	Defence	Poor	Satisfactory	Good	Excellent
Ai Katata Dori	Kokyu Nage				
Gyaku Katata Dori	Ikkyo				
Gyaku Katata Dori	Nikkyo				
Gyaku Katata Dori	Kote Gaeshi				
Gyaku Katata Dori	Irimi Nage				
Gyaku Katata Dori	Shiho Nage				
Gyaku Katata Dori	Sokomen				
Gyaku Katata Dori	Kokyu Nage				
Gyaku Katata Dori	Sumi Otoshi				
Gyaku Katata Dori	Tenchi Nage				
Shomen Uchi	Ikkyo				
Shomen Uchi	Nikkyo				
Shomen Uchi	Kote Gaeshi				
Shomen Uchi	Irimi Nage				
Shomen Uchi	Shiho Nage				
Shomen Uchi	Sokomen				
Shomen Uchi	Kokyu Nage				
Shomen Uchi	Sumi Otoshi				
Shomen Uchi	Tenchi Nage				
Yokomen Uchi	Ikkyo				
Yokomen Uchi	Nikkyo				
Yokomen Uchi	Kote Gaeshi				
Yokomen Uchi	Irimi Nage				
Yokomen Uchi	Shiho Nage				
Yokomen Uchi	Sokomen				
Yokomen Uchi	Kokyu Nage				
Chudan Tsuki	Kote Gaeshi				
Chudan Tsuki	Irimi Nage				
Chudan Tsuki	Sokumen				
Chudan Tsuki	Sumi Otoshi				
Chudan Tsuki	Tenchi Nage				

KNIFE DEFENCE

Chudan Tsuki:	Kote Gaeshi				
Chudan Tsuki:	Ikkyo/Gokyo				

SWORD DEFENCE

Shomen Uchi:	Ikkyo				
--------------	-------	--	--	--	--

RANDORI

Any Attack	Any Defence				
------------	-------------	--	--	--	--

3RD KYU HO

TACHI WAZA

Candidate: _____

Attack	Defence	Poor	Satisfactory	Good	Excellent
Ai Katata Dori:	Sankyo				
Ai Katata Dori:	Yonkyo				
Ai Katata Dori:	Mai Otoshi				
Gyaku katata dori:	Sankyo				
Gyaku katata dori:	Yonkyo				
Gyaku katata dori:	Mai Otoshi				
Shomen Uchi:	Sankyo				
Shomen Uchi:	Yonkyo				
Shomen Uchi:	Mai Otoshi				
Yokomen Uchi:	Mai Otoshi				
Chudan Tsuki:	Mai Otoshi				
Ryote Dori:	Ikkyo				
Ryote Dori:	Nikkyo				
Ryote Dori:	Kote Gaeshi				
Ryote Dori:	Irimi Nage				
Ryote Dori:	Shiho Nage				
Ryote Dori:	Sokomen				
Ryote Dori:	Kokyu Nage				
Ryote Dori:	Sumi Otoshi				
Ryote Dori:	Tenchi Nage				
Ryote Dori:	Sankyo				
Ryote Dori:	Yonkyo				
Ryote Dori:	Mai Otoshi				

SUWARI WAZA

Ai Katata Dori:	Ikkyo				
Ai Katata Dori:	Nikkyo				
Ai Katata Dori:	Kote Gaeshi				
Ai Katata Dori:	Irimi Nage				
Gyaku Katate Dori:	Ikkyo				
Gyaku Katate Dori:	Nikkyo				
Gyaku Katate Dori:	Kote Gaeshi				
Gyaku Katate Dori:	Iriminage				
Yokomen Uchi:	Ikkyo				
Gyaku Katate Dori:	Nikkyo				
Gyaku Katate Dori:	Irimi Nage				

KNIFE DEFENCE

Chudan Tsuki:	Shiho Nage				
Chudan Tsuki:	Sankyo				

SWORD DEFENCE

Shomen Uchi:	Sankyo				
Shomen Uchi:	Yonkyo				

RANDORI

Any Attack	Any Defence				
Suwari Waza - Shomen/Yokomen					

3RD KYU

TACHI WAZA

Candidate: _____

Attack	Defence	Poor	Satisfactory	Good	Excellent
Ushiro Ryote Dori:	Ikkyo				
Ushiro Ryote Dori:	Kote Gaeshi				
Ushiro Ryote Dori:	Shiho Nage				
Ushiro Ryote Dori:	Sokomen				
Ushiro Ryote Dori:	Kokyu Nage				
Ushiro Ryote Dori:	Sankyo				
Kata Dori:	Ikkyo				
Kata Dori:	Nikkyo				
Kata Dori:	Sokomen				
Kata Dori:	Kokyu Nage				
Kata Dori:	Yonkyo				
Ushiro Ryo	Kata Dori: Ikkyo				
Ushiro Ryo Kata Dori:	Sokomen				
Ushiro Ryo Kata Dori:	Kokyu Nage				
Ushiro Ryo Kata Dori:	Sankyo				
Kata Dori, Shomen:	Ikkyo				
Kata Dori, Shomen:	Nikkyo				
Kata Dori, Shomen:	Irimi Nage				
Kata Dori, Shomen:	Shiho Nage				

SUWARI WAZA

Ryote Dori:	Ikkyo				
Ryote Dori:	Nikkyo				
Ryote Dori:	Irimi Nage				
Ryote Dori:	Yonkyo				
Shomen Uchi:	Sankyo				
Shomen Uchi:	Yonkyo				
Shomen Uchi:	Mai Otoshi				
Kata Dori:	Ikkyo				
Kata Dori:	Nikkyo				

KNIFE DEFENCE

Yokomen Uchi:	Shiho Nage				
Yokomen Uchi:	Sokumen				

SWORD DEFENCE

Shomen Uchi:	Irimi Nage				
Yokomen Uchi:	Shiho Nage				

RANDORI

Any Attack	Any Defence				
Suwari Waza - Shomen/Yokomen					

2ND KYU HO

TACHI WAZA

Candidate: _____

Attack	Defence	Poor	Satisfactory	Good	Excellent
Gyaku katata dori	Kaiten Nage				
Shomen uchi	Gokyo				
Yokomen uchi	Gokyo				
Chudan Tsuki	Hiji Shime				
Ryote dori	Kaiten Nage				
Ushiro Ryote Dori	Hiji Shime				
Kata Dori	Hiji Shime				
Kata Dori, Shomen	Gokyo				
Morote Dori	Ikkyo				
Morote Dori	Nikkyo				
Morote Dori	Kote Gaeshi				
Morote Dori	Irimi Nage				
Morote Dori	Shiho Nage				
Morote Dori	Sukomen				
Morote Dori	Kokyu Nage				
Morote Dori	Yonkyo				
Morote Dori	Mai Otoshi				

SUWARI WAZA

Morote Dori	Irimi Nage				
Jodan Tsuki	Ikkyo				
Jodan Tsuki	Irimi Nage				
Jodan Tsuki	Hiji Shime				

KNIFE DEFENCE

Yokomen Uchi:	Shiho Nage				
Yokomen Uchi:	Kote Gaeshi				

SWORD DEFENCE

Shomen Uchi:	Kokyu Nage				
Yokomen Uchi::	Shiho Nage				

JO

31 Count Kata - 1 to 5					
------------------------	--	--	--	--	--

RANDORI

Any Attack	Any Defence				
Suwari Waza - Shomen/Yokomen					

2ND KYU

TACHI WAZA

Candidate: _____

Attack	Defence	Poor	Satisfactory	Good	Excellent
Jodan Tsuki	Ikkyo				
Jodan Tsuki	Kote Gaeshi				
Jodan Tsuki	Irimi Nage				
Jodan Tsuki	Hiji Shime				
Hiji Dori	Ikkyo				
Hiji Dori	Nikkyo				
Hiji Dori	Shiho Nage				
Hiji Dori	Sokumen				
Hiji Dori	Tenchi Nage				
Hiji Dori	Kaiten Nage				
Ushiro Ryo Hiji Dori	Ikkyo				
Ushiro Ryo Hiji Dori	Sokumen				
Ushiro Ryo Hiji Dori	Kokyu Nage				

SUWARI WAZA

Yokomen Uchi	Gokyo				
Kata Dori	Hiji Shime				
Hiji Dori	Ikkyo				
Hiji Dori	Nikkyo				
Hiji Dori	Sukomen				

HANMI HANDACHI

Kata Dori:	Ikkyo				
Kata Dori:	Nikkyo				
Kata Dori:	Yonkyo				
Kata Dori:	Hiji Shime				
Jodan Tsuki:	Kote Gaeshi				
Jodan Tsuki:	Irimi Nage				
Jodan Tsuki:	Hiji Shime				

KNIFE DEFENCE

Yokomen Uchi:	Irimi Nage				
Yokomen Uchi:	Sukomen				

SWORD DEFENCE

Shomen Uchi:	Kokyu Nage				
Yokomen Uchi::	Shiho Nage				

BOKKEN

No 1 Ken Suburi					
No 2 Ken Suburi					
No 3 Ken Suburi					
No 4 Ken Suburi					
No 5 Ken Suburi					
No 6 Ken Suburi					
No 7 Ken Suburi					

RANDORI

Any Attack	Any Defence				
Suwari Waza - Shomen/Yokomen					

